

DECEMBER 2020 Donation Guide

The next collection dates are Saturday and Sundays 9 am to 6 pm
28th/29th November and 19th/20th December

**PLEASE NOTE: FOR THE NEXT COLLECTIONS THEY HAVE SPECIALLY REQUESTED
THAT WE GIVE PRIORITY TO THE HIGHLIGHTED ITEMS BELOW**

- ✓ Instant noodles
- ✓ Hot and cold meats
- ✓ Tinned pies
- ✓ Tinned potatoes & smash
- ✓ Macaroni cheese
- ✓ Tinned rice pudding & custard
- ✓ Hot puddings
- ✓ Small bottles of squash
- ✓ Cereal bars & crisps

- ✓ Hot Chocolate
- ✓ Christmas treats

Toiletries

- ✓ Bio laundry tablets
 - ✓ Washing up liquid
 - ✓ Toilet rolls
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Also required:

- Meat pies
 - UHT whole and semi skimmed milk
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- Tin spaghetti and sausages
 - Instant packets of cup of soup

- Juice
 - Tinned vegetables
 - Instant packets of cous cous
 - Spreads – jam and peanut butter marmite
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- Vegetarian foods
- Coffee, tea, hot chocolate, sugar.
- Jars of pasta sauce
- Cereals, sweet & chocolate biscuits
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- Tinned fruit, sponge puddings
- Pasta and rice

Cleaning and toiletries

- Household cleaners, spray polish
 - Toothpaste, toothbrushes, bars of soap
 - Ladies personal toiletries, toilet rolls
 - Nappies size 4 & 5
 - Shaving foam/gel, body spray
 - Shampoo
 - Hand soap
 - Shower gel,
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Thank You very much for your support

Gravesham Foodbank hosted by RCGG Life Start

Connections & supported by Gravesham Churches Together

Registered charity number 1135341 Registered in England & Wales
graveshamfoodbank@gmail.com www.gravesham.foodbank.org.uk