

MARCH 2021 Donation Guide

The next collection dates are Saturday and Sundays 11 am to 4 pm
27TH - 28TH FEBRUARY, 27TH - 28TH MARCH

PLEASE NOTE: FOR THE NEXT COLLECTIONS THEY HAVE SPECIALLY REQUESTED THAT WE GIVE PRIORITY TO THE HIGHLIGHTED ITEMS BELOW

- ✓ Hot and cold meats – ham and corned beef
- ✓ Tinned pies
- ✓ Tinned fish – mackerel, salmon, pilchards NO tuna or sardines please)
- ✓ Tinned potatoes & smash
- ✓ Tinned Macaroni cheese
- ✓ Tinned custard
- ✓ Microwave Hot puddings
- ✓ Small bottles of squash
- ✓ Jelly Pots and evaporated milk
- ✓ Savoury treats - crisps, nuts, crackers

Toiletries

- ✓ Bio laundry tablets
- ✓ Washing up liquid
- ✓ Shower gel

Also required:

- Instant noodles
- Meat pies
- UHT whole and semi skimmed milk
- Tin spaghetti and sausages
- Cereal bars
- Instant packets of cup of soup
- Juice
- Hot Chocolate
- Tinned vegetables
- Instant packets of cous
cousSpreads – jam and peanut
butter marmite
- Vegetarian foods
- Coffee, tea, hot chocolate, sugar.
- Jars of pasta sauce
- Cereals, sweet & chocolate biscuits
- Tinned rice
- Jars of pasta sauce
- Cereals, sweet & chocolate
biscuitsTinned fruit, sponge puddings
- Pasta and rice

Cleaning and toiletries

- Household cleaners, spray polish
- Toothpaste, toothbrushes, bars of soap
- Ladies personal toiletries, toilet rolls
- Nappies size 4 & 5
- Shaving foam/gel, body spray
- Shampoo and toilet rolls

Thank You very much for your support

Gravesham Foodbank hosted by RCCG Life Start

Connections & supported by Gravesham Churches Together

Registered charity number 1135341 Registered in England & Wales

graveshamfoodbank@gmail.com www.gravesham.foodbank.org.uk

