

JUNE 2020 Donation Guide

The next collection-is Saturday 27th and Sunday 28th June

8 am to 8 pm

PLEASE NOTE: FOR JUNE THE FOODBANK HAVE SPECIALLY REQUESTED THAT WE GIVE PRIORITY TO THE HIGHLIGHTED ITEMS BELOW

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| <ul style="list-style-type: none">✓ Instant packets of cup of soup✓ Tinned ham & corned beef✓ Tinned potatoes & smash✓ Meals in tins - ravioli, chilli con carne, curry✓ Instant packets of noodles, pasta and rice✓ Small bags of white rice✓ Tinned rice pudding & custard | <ul style="list-style-type: none">✓ Small bottles of squash✓ Cereal bars & crisps✓ Small bottles of washing up liquid <p>Toiletries</p> <ul style="list-style-type: none">✓ Men & women's deodorant✓ Bio laundry tablets |
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Also required:

- Meat pies
 - UHT whole and semi skimmed milk
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- Tin macaroni cheese
 - Tin spaghetti and sausages
 - tinned custard
 - Juice
 - Tinned vegetables
 - Instant packets of cous cous
 - Spreads – jam and peanut butter marmite
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- Vegetarian foods
 - Coffee, tea, hot chocolate, sugar.
 - Jars of pasta sauce
 - Cereals, sweet & chocolate biscuits

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- Tinned fruit, sponge puddings,

Cleaning and toiletries

- Household cleaners, spray polish
- Toothpaste, toothbrushes, bars of soap
- Ladies personal toiletries, toilet rolls
- Nappies size 4 & 5
- Shaving foam/gel, body spray
- Shampoo
- Hand soap
- Shower gel,

Thank You very much for your support

Gravesham Foodbank hosted by RCCG Life Start

Connections & supported by Gravesham Churches Together

Registered charity number 1135341 Registered in England & Wales

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