



# APRIL 2020 Donation Guide

**PLEASE NOTE: FOR THIS MONTH THE FOODBANK HAVE SPECIALLY REQUESTED THAT WE GIVE PRIORITY TO THE HIGHLIGHTED ITEMS BELOW**

- |  |                                      |
|--|--------------------------------------|
| ✓ Tin meatballs                                | ✓ Tinned rice pudding                |
| ✓ Tin ravioli                                  | ✓ Tinned potatoes                    |
| ✓ Tin macaroni cheese                          | ✓ Tinned meat                        |
| ✓ Tin spaghetti and sausages                   | ✓ Instant packets of noodles         |
| ✓ Tinned potatoes and packets of instant smash | ✓ Juice and squash                   |
| ✓ Instant packets of noodles                   | ✓ Shampoo                            |
| ✓ Cereal bars                                  | ✓ Shower gel and bio laundry tablets |
| ✓ Tinned custard                               | ✓ Small bottles of washing up liquid |
- 

Also required:

- |                                      |  |
|--------------------------------------|--|
| • Meat pies                          | • Jars of pasta sauce                                |
| • Tinned vegetables                  | • Cereals, sweet & chocolate biscuits                |
| • Instant packets of cous cous       | • Tinned fruit, sponge puddings,                     |
| • Spreads – jam and peanut butter    | • Household cleaners, spray polish                   |
| • UHT milk                           | • Deodorants, toothpaste, toothbrushes, bars of soap |
| • Packet soup                        | • Ladies personal toiletries, toilet rolls           |
| • Vegetarian foods                   | • Nappies size 4 & 5                                 |
| • Coffee, tea, hot chocolate, sugar. | • Shaving foam/gel, Body spray                       |
|                                      | • Marmite  |
- 

**Thank You very much for your support**  
Gravesham Foodbank hosted by RCG Life Start  
Connections & supported by Gravesham Churches  
Together  
Registered charity number 1135341 Registered in  
England & Wales  
graveshamfoodbank@gmail.com [www.gravesham.foodbank.org.uk](http://www.gravesham.foodbank.org.uk)

